

Name: _____ Date: _____



Illustration-Lydia Ramsey

Katie Crumble and the Case of the Missing Underwear

Bullying Discussion & Role-Play Worksheet

A: Understanding Bullying

1. What is bullying?

2. What are some different types of bullying? (Check all that apply)

- Physical (hitting, pushing)
- Verbal (calling someone names, insulting someone)
- Social (excluding someone, spreading rumors about someone)
- Cyberbullying (harassing someone online, sending mean messages)
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3. How do you think bullying affects people? Write at least two ways:

B: Discussion Questions

Discuss the following questions with your group or class:

1. Why do you think some people bully others?
2. How do you think Katie felt when she stood up for Luca? Why is it important to support others?
3. Have you ever seen someone being bullied? Or, have you ever been bullied? How did you feel? What did you do, or what could you have done?

C: Role-Play Activity

Divide the class into 4 groups. Assign one of the scenarios to each group.

With your group, practise acting out your scenario.

Each group presents their scenario to the whole class.

Then, answer the reflection questions below for each scenario.

Scenarios:

- A new student is being excluded at recess. How can others step in to help?
- Someone is being teased and called names in the hallway. What can a bystander do?
- A friend is sending mean texts about another student. How should you respond?
- Someone is being pushed and shoved on the playground. What can others do to help?

Reflection Questions:

1. What did you learn from this role-play activity?

2. What are some ways you can be an ally to someone who is being bullied?

3. How can we prevent bullying before it starts? How do we create a supportive community?

D. Friendship Chain

Instructions: Write one positive thing about each of your classmates on a strip of paper. Link them together to create a friendship chain that symbolizes kindness and support!

Link everyone's chains together to create one giant one to display in the classroom.



Ontario Ministry of Education Curriculum Expectations (2019)

Health and Physical Education - Social-Emotional Learning Skills

Grades 1-3

1. Bullying Discussion & Role-Play

- A: Social-Emotional Learning Skills**

- A1: "Develop self-awareness and self-management skills to achieve school and life success."
- A1.2: "Recognize sources of stress and apply strategies to manage stress and enhance mental health."

2. Friendship Chains

- A: Social-Emotional Learning Skills**

- A3: "Develop interpersonal skills to help build and maintain healthy relationships."
- A3.1: "Communicate effectively, using verbal and non-verbal means, as appropriate, and interpret information accurately."

Grade 4

- A: Social-Emotional Learning Skills**

- A1.4: "Apply skills that help them build relationships, develop empathy, and communicate with others as they participate in learning experiences in health and physical education, in order to support healthy relationships, a sense of belonging, and respect for diversity"